CERRITOS HIGH SCHOOL CROSS-COUNTRY (TENTATIVE)
12500 East 183rd Street
Cerritos, Ca, 90703
http://www.cerritosxc.com

Head Coach: Jason Watanabe

Summer/September 2015

Day	Date	Meet/Event	Level	Location	City	Departure	Start	Return	Release
TUE	7/6/15	First Official Preseason Practice	ALL	183rd Parking Lot	Cerritos		6:15am		
THU	MULTIPLE	Gahr Two Mile Series (7/30. 8/13. 8/27)	ALL	Gahr High School	Cerritos		5:00pm		
SU-SA	8/2-8/15	Mammoth Camp	ALL	Mammoth Lakes	Mammoth Lakes				
SAT	9/5/15	The Great Cow Run (NO BUS) [WORK - 5:30am)	ALL	Cerritos Regional Park	Cerritos		7:15am		
WED	9/9/15	ABC District Championships (NO BUS)	ALL	Cerritos Regional Park *	Cerritos	1:15pm	3:00pm (W)*	6:30pm (PU)	1:00pm
SAT	9/12/15	Rosemead Invitational	ALL	Rosemead High School	El Monte	2:00pm	5:10pm	10:30pm	
TH-SU	9/17-20/15	Oregon: Three Course Challenge	QUAL	Camp Rilea	Warrenton, OR	TBA	TBA	TBA	
SAT	9/26/15	Billy York Invitational	ALL	Riverside XC Course	Riverside	5:00am	7:30am	1:00pm	

TQ - Denotes Team Qualifying Necessary; W - Walking to Meet; PU - Pick Up By Parents

October 2015

Day	Date	Meet/Event	Level	Location	City	Departure	Start	Return	Release
THU	10/1/15	Suburban Cluster #1 (NO BUS)	ALL	Cerritos Regional Park	Cerritos	11:45am	1:45pm	5:00pm (PU)	11:20am
WED	10/7/15	Non-League Dual Meet (NO BUS)	ALL	Cerritos HS	Cerritos		3:15pm		1:45pm
SAT	10/10/15	Running Center/So Cal Invitational (1 BUS)	ALL	Guajome Park	Oceanside, CA	5:00am	7:30am	3:00pm	LUNCH STOP
TH	10/15/15	Suburban League Cluster #2	ALL	La Mirada Park	La Mirada	11:45am	1:45pm	5:30pm	11:20am
SAT	10/17/15	Bell Gardens Invitational	ALL	Cerritos Regional Park	Cerritos	6:45am (DO)	8:00am	1:00pm (PU)	
SAT	10/24/15	Mt. SAC Invitational	ALL	Mt. SAC College	Walnut	TBA	TBA	TBA	
FRI	10/30/15	Apache Invitational (TENTATIVE)	SEL	Arcadia County Park	Arcadia	10:30am	1:00pm	7:45pm	10:15am

TQ - Denotes Team Qualifying Necessary; OC - On Campus; FR - Friday; SU - Sunday

November 2015

Day	Date	Meet/Event	Level	Location	City	Departure	Start	Return	Release
TH	11/5/15	Suburban League Finals	ALL	Cerritos Regional Park	Cerritos	11:45am	2:15pm	5:30pm (PU)	11:20am
SAT	11/14/15	CIF Preliminiaries	VAR-Q	Riverside XC Course	Riverside	TBA	TBA	TBA	
SAT	11/21/15	CIF Finals	VAR-Q	Mt. SAC College	Walnut	TBA	TBA	TBA	
SAT	11/28/15	State Championships	VAR-Q	Woodward Park	Fresno	TBA	TBA	TBA	

Q- Denotes Specific Qualifying Necessary; $ - Denotes Additional Cost; OR - Denotes Need to Arrange Own Ride