

## **FINAL REMINDERS (OPEN RACE)**

ARRIVE EARLY! PLEASE PARK LEGALLY IN DESIGNATED SPOTS THROUGHOUT THE SCHOOL OR OVERFLOW LOT. IF YOU PARK IN THE MAIN LOT, THERE IS \$5 CHARGE (CASH ONLY). PROCEEDS WILL GO TO ARTESIA HIGH SCHOOL.

THERE IS NO BAG CHECK! PLEASE PLAN ACCORDINGLY!

PLEASE PROCEED TO THE PRE-REGISTRATION LINE! LOOK FOR THE SIGN ON THE BLACK NIKE TENT AT THE PARK! THERE WILL BE A SEPARATE LINE FOR ON-SITE REGISTRATION. PLEASE DO NOT WAIT IN THIS LINE IF YOU PRE-REGISTERED.

PLEASE ARRIVE AT CHECK-IN BY 6:45AM! LEAVE AMPLE TIME TO PARK, CHECK-IN AND USE THE RESTROOM. RESTROOMS LOCATED AT THE TRACK AND ON CAMPUS.

AFTER YOU RECEIVE YOUR CHIP AND YOUR BIB, PROCEED TO THE T-SHIRT LINE TO GET YOUR SHIRT! SHIRT SIZES ARE LIMITED SO PLEASE ARRIVE EARLY TO GET YOURS. IF YOU DO NOT PICK UP YOUR SHIRT BEFORE THE RACE, YOU ARE NOT GUARANTEED A SHIRT AS THEY WILL BE OPEN FOR SALE AFTER THE OPEN RACE BEGINS.

IF YOU REGISTERED AS PART OF A TEAM, YOUR BIBS AND TIMING CHIPS MUST BE COLLECTED FROM YOUR COACH/ORGANIZER. TEAM ENTRANTS DO NOT GET A SHIRT UNLESS THEY PAID THE ADDITIONAL FEE. PAYMENT MUST BE RECEIVED BEFORE BIBS ARE RELEASED TO ANY MEMBER OF THE TEAM.

STUDY THE COURSE! PLEASE USE THE MAP TO STUDY THE COURSE. IT IS A CROSS COUNTRY COURSE (NOT A ROAD RACE), THUS NOTE THAT IT WILL BE MARKED WITH FLAGS. THE FLAGS WILL BE COLORED ACCORDING TO THE MILE DESIGNATION ON THE MAP. THERE WILL ALSO BE NUMEROUS SIGNS AND VOLUNTEERS ALONG THE COURSE.

DON'T FORGET YOUR MEDAL! ALL FINISHERS RECEIVE A MEDAL! THERE ARE NO AGE GROUP AWARDS EXCEPT FOR TOP OVERALL, YOUTH AND ALUMNI FOR BOTH MALES AND FEMALES.

AT THE END OF THE RACE, YOU MUST SURRENDER YOUR TIMING CHIP!

SHIRTS, COW SOUVENIRS, WATER AND GATORADE WILL BE ON SALE AND WILL SUPPORT CERRITOS CROSS COUNTRY! DONATIONS ARE ALSO GLADLY ACCEPTED!

THANK YOU SO VERY MUCH FOR YOUR SUPPORT!!! RESULTS WILL BE AVAILABLE AT FINISHEDRESULTS.COM!